

Community Press

NAMI Walk—Saturday, September 28

Last year, on a Saturday morning in May, nine members of CPC got together for a little walk...and raised nearly \$1100! This year, on a Saturday afternoon in September, we aim to do the same, but hope to raise a little more! We walk for NAMI Southeast Minnesota, the National Alliance on Mental Illness, which in our area brings together persons with mental illness, their families, and professionals in that area to research, support and advocate. Our dollars help NAMI offer support groups, free classes, and a teen suicide prevention program, among many other things.

Over the next few weeks, several CPCers will be available to take your pledges after church, or at choir, or at book group. Please support them as they walk for this very worthy organization! For more information, please talk to Paul Harkess or Tammy Rider, both members of NAMI SE MN's Board of Directors.

Rochester Area CROP Walk—Sunday, October 6

On Sunday, October 6, hundreds of people will meet at First Presbyterian Church to help raise money to feed the needy when The Rochester Area CROP Hunger Walk takes place. CROP (Communities Responding to Overcome Poverty) Walks are fund-raising walks sponsored by Church World Services. Seventy-five percent of the money raised goes to eradicate hunger and poverty and promote peace and justice among the world's most vulnerable people, while 25% goes locally to the Channel One Food Bank. You can participate by donating to a walker, securing donations from friends, family and co-workers, participating in the walk, or volunteering on the afternoon of the walk. This year, you can also bring food or write a check directly to Channel One, in addition to your contribution to CROP. See the list in the Narthex.

The 2 mile route goes from First Presbyterian Church along Soldiers Field and back to First Presbyterian Church. You may walk whatever distance you feel comfortable with.

There are no age requirements for the walkers. Ten years ago, Ronda was pregnant with Peter so he got a free ride that year. He has walked or ridden (in stroller) every year since. Margaret Nelson has walked when she was 90 years old. One year, Willow and Peggy pushed Anna Hoffmann in a wheelchair after she broke her leg. CPC has participated in this event for many years. This will be Pastor Laurene's first CROP Walk, and perhaps Gypsy will walk, too. Come join us!

To get more information, or pick up a walker packet, talk to anyone from the Mission Committee – Ronda Marshall, Jean Abels, Jennifer Hall, or Mary Alice Richardson. You can also go online for information at www.crophungerwalk.org. Some information will be posted around the church, and more information will be shared at future Sunday services.



Inside this issue:

From The Pastor	2
Events Calendar	3
Worship Schedule	4
Prayer Chain News	5
Per Capita	6
Outdoor Worship Service	6
Progressive Dinner	7
Women of the Church	7

From the Pastor...

Musings



Look to this day...

*For yesterday is but a dream
And tomorrow is only a vision;
And today well-lived, makes
Yesterday a dream of happiness
And every tomorrow a vision of hope.
Look well therefore to this day;
Such is the salutation to the ever-new dawn!*

Kalidasa, Sanskrit writer, 5th Century CE

In the past two months, I have had the pleasure of being together with many of you, and look forward to getting together with every single member of the church. I know, a couple of you told me I was very ambitious with my goal of meeting everyone by summer's end. Actually, I was referring to the summer of 2014! JK...just kidding!

I have thoroughly enjoyed our conversations, whether it be during the 39 Forever potluck at Ann Hesley's home, or the garden club/choir gathering at the Swinbanks', or being together during my first tractor pull or first water ski show. I love hearing about your lives, hopes and dreams along with your thoughts about our CPC community.

Over the past ten weeks, the lectionary texts have provided insight into what it means to intentionally live as a community of faith and

the importance of tending to our own personal faith. Hopefully, these sermons have helped to stir the pot some, as well as encourage us to wonder about our own faith experience, share, and tap into our desires and passion related to being a part of the CPC family. Given that the past couple years have been full of some significant challenges, and for many, grief, I would like to get us all thinking about what our life together would be if we lived today well-lived.

Of course, being the pastor of a church means exploring how the business of running our church organization is currently being done and striving toward best practices so that we achieve and make manifest our goals. This is a more challenging part of the job because like marrying into a very large family, early on, one discovers that some things are done in a particular manner because "that's how we always do it here." Over the next four to six months, we are going to be discovering what works well, what has been limping along and what is counter-productive. Together the session and I will be working on the development of best practices throughout our church organization.

Because CPC is a healthy and vibrant community, this process of getting to know each other, exploring how we can do the business of the church more effectively and efficiently, and then living into it is all very exciting! It is such a privilege to be your pastor and to be in this community of faith. Here's to well-living this day! Peace, Laurene

Save the date!

A Service of Worship and the Installation of
The Reverend Laurene M. Lafontaine
Community Presbyterian Church

Sunday, September 22, 2013
2:30 pm

Reception will follow the service

September 2013



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 9:30am Worship & Communion	2 6:30pm Membership Labor Day: Church Office Closed	3 10am Staff Meeting 6pm BIG 7pm Mission	4 6:30am Prayer Group @ Madonna Towers 2pm Bulletin Articles Due 7pm Choir	5 7:30pm Aikido	6	7 10am Aikido
8 9:30am Outdoor Worship 10:45am Pancake Breakfast Channel One Sunday	9 5:30pm Building & Grounds 7:30pm Personnel	10 7pm Women of the Church	11 6:30am Prayer Group 2pm Bulletin Articles Due 7pm Choir	12 7:30pm Aikido	13 7pm AS Support Group	14 9am Saturday Noon Meal 10am Aikido
15 9:30am Worship Bible Presentation to 3rd Graders Noisy Can Sunday	16 7pm Finance	17 10am Staff Meeting 5pm Christian Ed 7pm Session	18 6:30am Prayer Group 2pm Bulletin Articles Due 7pm Choir	19 7:30pm Aikido	20	21 10am Aikido
22 9:30am Worship 2:30 Installation Worship Service	23	24	25 6:30am Prayer Group 2pm Bulletin Articles Due 7pm Choir	26 7:30pm Aikido	27	28 10am Aikido 11:30am NAMI Walk 6pm Great Room Occupied
29 9:30am Worship 5pm Book Group	30					

September 2013 Worship Schedule

Date	Worship Assistants	Greeter	Liturgist	Nursery Attendant	Library
1	Randy Huston, Linda Overton, Guy Vig	Amanda Ross	Paul Harkess	Elizabeth Deeds, Tabitha Harland	Margaret Nelson
8	Jean Abels, Penny & Ron Murray	Peggy McCarty	Gwen Riggin	Elizabeth Deeds, Tabitha Harland	Judi Berg
15	Darlene & Dave Lucas, Jake DeGuise	Lois Nicholson	Doug Marker	Elizabeth Deeds, Tabitha Harland	Judy Kereakos
22	Jeff Swinbank, Jennifer Hall, Rick Orvold	Marita Heller	Paul Remtema	Elizabeth Deeds, Tabitha Harland	Judy Pucci
29	Pillers Family	Louis Bouchard	Margaret Petersen	Elizabeth Deeds, Tabitha Harland	Margaret Gardner

Communion Servers for September: Jane Burgstaler, Margaret Nelson, Bruce Felger

Coming up at CPC!
 Lots to look forward in the days to come at our church!
September 8
 Outdoor Worship Service
September 15
 Bible Presentation to 3rd Graders
September 22
 Pastor Laurene's Installation Service

Peacemaking Offering

The annual Peacemaking offering will be collected during worship on Sunday, October 6. 25% of all donations will support the work of "Mission 21" in their efforts to serve female and male children, ages 15 and under, who are victims of domestic minor sex trafficking (DMST) or commercial sexual exploitation (CSE). To understand more about their programs and mission, visit <http://www.mission21mn.org/>. More detailed information and an informal discussion about Mission 21 will occur in late September.

GIVING REPORT			
<i>July '13 Weekly Average</i>	<i>\$1,663.50</i>	<i>Special Offerings</i>	
<i>Year to Date Avg. '13</i>	<i>\$3,511.11</i>	<i>One Great Hour of Sharing</i>	<i>\$1,219.82</i>
<i>Budgeted Weekly for '13</i>	<i>\$3,034.50</i>	<i>Christmas Joy Offering</i>	<i>\$922.00</i>
<i>Per Capita Received '13</i>	<i>\$885.27</i>	<i>Thank Offering</i>	<i>\$458.00</i>
<i>Total Per Capita Paid '13</i>	<i>\$4,402.00</i>	<i>Peace Offering</i>	<i>\$751.00</i>

(Per capita contribution per member is \$32.37 for 2013)

September Birthdays



2	Dennis Ross
2	Shawn Sutton
10	Mackenzie Johnson
11	Judy Leal
15	Haley Huston
21	Bryce DeGuise
28	Beth Rank
28	Nicole Ward
29	Ben Copeland

Anniversaries

2	Dave & Amy Anderson
3	Mark and Ivy Pillers
16	Stephen & Ellie Hauser
20	Gene & Stacy Kopecky

Upcoming Events in 2013

September 8	Outdoor service/pancake breakfast
October	TBD
November 2	Progressive Dinner
November	Church Christmas decorating
December	No event

Library Attendant Schedule

September 1	Margaret Nelson
September 8	Judi Berg
September 15	Judy Kereakos
September 22	Judy Pucci
September 29	Margaret Gardner

CPC Prayer Chain News

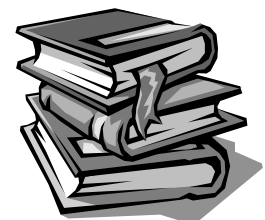
People need prayer, and to know that there is a place or person to call when in need of prayer is comforting. If you or a family member is in need of prayer, the Lord shall hear your request through the prayers of the entire CPC prayer chain. You are not walking a lonely path, but rather holding hands with those who care. CPC members who have requests may contact anyone on the prayer chain. The request is then sent via email to other prayer chain contacts. The prayer chain list is completely confidential. Nothing shared on the list should be shared outside the list including with the person being prayed for. I can be reached at 753-2420 or djswinbank@embarqmail.com. If you wish to join the prayer chain there is a sign-up sheet in the Narthex.

Blessings, Jeff Swinbank

Saturday Noon Meal

September 14 is the next chance for anyone to help cook or serve a meal for people in need right here in Rochester. Please consider helping, even if you have not been before. It is really easy and rewarding. Cooks are needed from about 9:15 to 11:30, servers/cleanup shift is 11:15 to 1:30. Signup sheet is in the Narthex or ask anyone on the Mission committee.

Book Discussion Group Meeting Date Changed



The first discussion for the fall has been changed to September 29 in order to accommodate the installation service for Pastor Laurene on our regular meeting date. We will still be discussing "The Long Goodbye" by Megan O'Rourke. We welcome all readers to our discussions at 5 p.m. in the church library.

What is Per Capita and Why Should I Care?

If you've looked at the Giving Summary in the church newsletter or the Sunday bulletin insert, you've seen numbers on Per Capita giving. But what is "Per Capita" and why should you care? In the Giving Summary, you will see two numbers related to Per Capita: (1) the amount of Per Capita donations received to date this year, and (2) the total Per Capita amount paid for the current year. You will also see the Per Capita amount that is used to calculate the total Per Capita amount paid and a short definition of Per Capita. But maybe that definition doesn't answer all your questions about Per Capita. Listed below are a handful of potential questions you may have about Per Capita. Read through the questions and answers and see if they give you a better understanding of Per Capita. If you have other questions about Per Capita, you can contact me (guyvig@juno.com).

Q: Where does the money go?

A: Another very good question! Per capita supports the mission projects of the General Assembly, Synod and Presbytery. It is a vital source of income for organizations which provide for those in need.

Q: Is Per Capita the same as membership dues?

A: Good question! No, because your membership is not dependent on whether or not you donate money for Per Capita.

Q: Are all members supposed to pay Per Capita?

A: The total Per Capita amount for our church is calculated based on the number of active members at the end of last year. For example, if we had 150 active members at the end of 2012 and the Per Capita per member for 2013 was \$30, our total Per Capita would be \$4,500. It is important to note that Per Capita is based on the number of members and not the number of giving units or families; that includes adult members and confirmed youth members.

Q: What if I am a new member in 2013; should I pay Per Capita in 2013?

A: Technically, you don't have to, but the Finance committee won't complain if you do. In fact, it's OK if guests or other non-members pick up a blue Per Capita envelope on the table in the Narthex and make a Per Capita donation. The more the merrier!

Q: What happens if we don't raise the total Per Capita amount to be paid?

A: A great question! I think this is really a nice way to ask whether our church will only send the amount received for Per Capita. The answer is that our church will remit the Total Per Capita to be Paid regardless of how much Per Capita donations are received. Any shortfall between the Per Capita Received and Per Capita to be Paid comes out of general Operating Funds, which can mean less money available for everything else, like Mission and Christian Education.

Q: Are all Presbyterian churches required to pay their Total Per Capita?

A: No, some Presbyterian churches that are in financial trouble may forego paying Per Capita to keep their doors open. Some other Presbyterian churches may withhold Per Capita payments because of political or philosophical disagreements. This makes it that much more important for churches like CPC to pay our fair share of Per Capita.

Q: What happens if Per Capita revenues are not remitted by all the Presbyterian churches?

A: There may be some minor administrative reductions, but all levels of the Presbyterian Church U.S.A. tend to be running pretty bare bones. More likely what will be cut will be mission activities funded through Per Capita giving. CPC is a mission-driven church and whether these mission projects are used through CPC or another Presbyterian church, we would like to see them succeed.

Join Us For Outdoor Worship Service and Pancakes, Etc.—Sunday, September 8

Be sure to bring a folding chair, a wide brimmed hat, sunscreen, and a heart for worship on Sunday, September 8, because we will be having a lively outdoor worship experience featuring the music of Brass, Etc.! They will be playing "Holy, Holy, Holy," "Amazing Grace," "The Lord's Prayer," and Richard Zeller's arrangement of Handel's "Worthy is the Lamb." Following worship we will gather in the Great Room for a breakfast, including pancakes, eggs and fruit. Please help us plan for the right amount of food by signing up on the Clip Board in the Narthex.



Progressive Dinner—Saturday, November 2

For years many of us have enjoyed our CPC version of progressive dinner and we thank those on the membership committee and others who have organized this event. This year we would like to encourage an even broader group of members to participate and would like to vary our process slightly with the hope of accommodating more people in smaller groups to enable us to get to know one another better. As we have done in the past, we will have appetizers in one place and desserts in another place. But for the main course we will divide into smaller groups so more people are comfortable hosting in their home and so we can spend a longer time with a group of six to ten people over the main course. We encourage you to sign up whether you are single, a couple, young, old or in between. With enough advance planning we think we can arrange groups so someone in the group can offer a ride to the few who do not drive. We also encourage you to volunteer to host even if you have not done so before. You can tell us how many you can accommodate for a casual sit-down dinner. It will be an organized potluck; i.e., members will be asked to bring a salad, bread, a bottle of wine--whatever is needed to round out the main course. We will try to find homes within a reasonable distance from the church so we do not need to drive too far.

Women of the Church

This year the group will follow the theme "Looking Beyond Ourselves." Our first meeting of the fall will be held September 10 at the home of Vera Atkinson on 6400 Trapper Lane at 7:00 PM. At this time the Church World Service school kits will be assembled from all the donated school items.

In addition Denise Swinbank will give a little background to the Compassion International program which CPC already supports with Cristian Gaspar who lives in Bolivia.

All in attendance will have the opportunity to participate in a "tasting" which will initiate our new project for the year. Come to **help, learn, and to vote!**

Please call Vera at 281-0936 for directions if you are planning on coming.

How Can You Help? It's The Little Things!

CPC youth collect these items to help fund school and community projects in Rochester:

Pop Tabs for Ronald McDonald House: these small pieces of aluminum add up to \$10,000 each year for the Rochester Ronald McDonald House. A collection jar is in the narthex. Our youth deliver the tabs in February when we deliver groceries to the House.

Box Tops for Education: look for these small coupons on cereal boxes, baking mixes, toilet paper packages etc., clip and bring to CPC. Local schools redeem these for playground and classroom equipment.

Milk Moola: milk bottle caps and labels from Kwik Trip stores are also redeemable for playground and classroom equipment. Our youth will distribute them to local elementary schools throughout the year.

Labels for Education: all Campbell's soup can labels have a clippable coupon that local schools redeem for supplies.

There is a collection box in the narthex for all these items. A little bit of effort is all it takes to benefit local school students!



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Editor reserves the right to edit for content and space.

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& Youth Ministries:

Denise Swinbank

Choir Director:

Denise Swinbank

Handbell Choir Director:

Judy Kereakos

Pianists:

Judy Kereakos

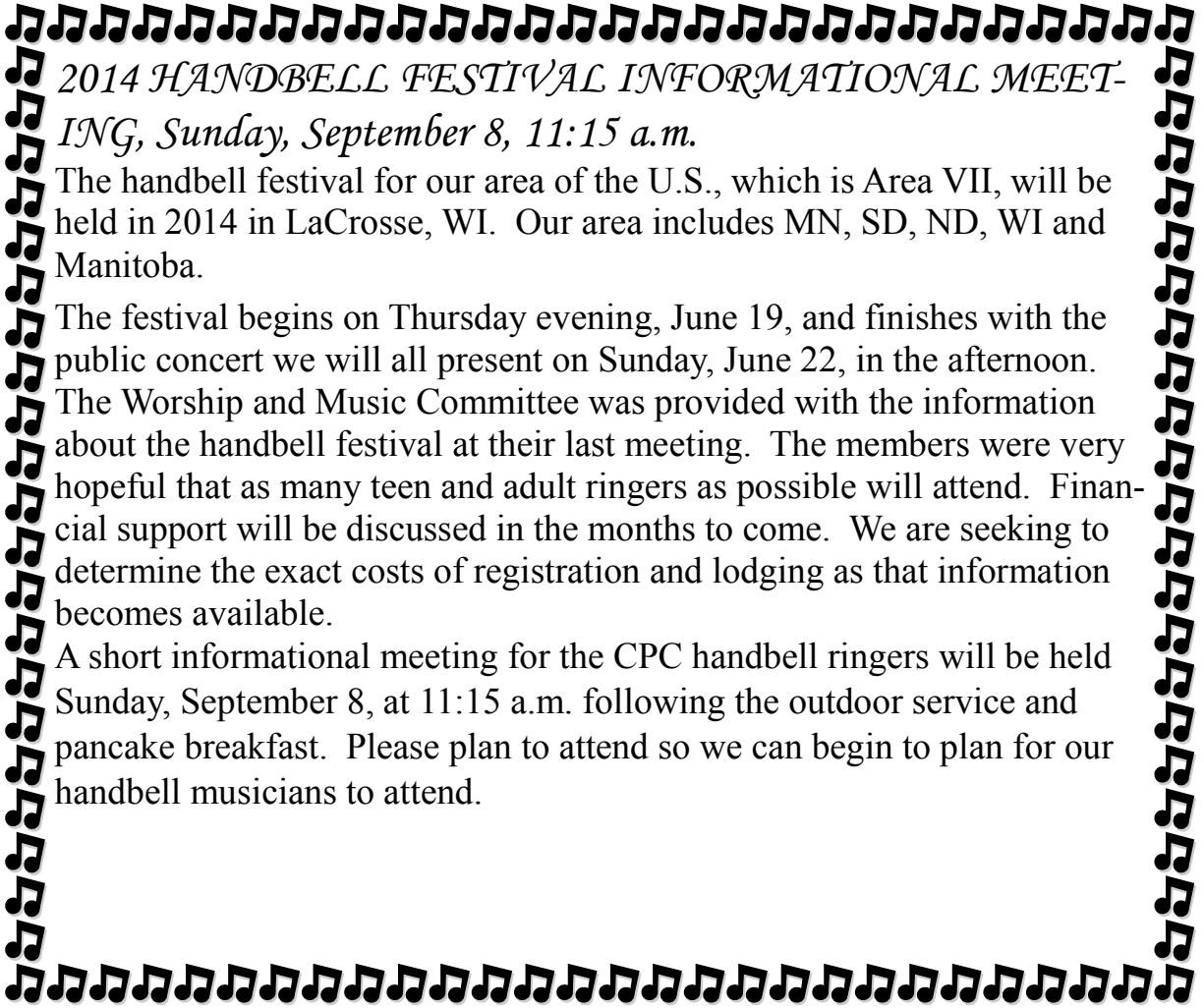
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Noisy Collection Update

Thank you for your participation in the Noisy Collection mission project at CPC. During the summer months we collected \$32.02 in June, \$37.60 in July and \$23.18 in August. Our youth will be packing school kits to be sent to Church World Services through PCUSA. Noisy collection monies were used to purchase the needed school supplies.

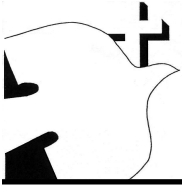


2014 HANDBELL FESTIVAL INFORMATIONAL MEETING, Sunday, September 8, 11:15 a.m.

The handbell festival for our area of the U.S., which is Area VII, will be held in 2014 in LaCrosse, WI. Our area includes MN, SD, ND, WI and Manitoba.

The festival begins on Thursday evening, June 19, and finishes with the public concert we will all present on Sunday, June 22, in the afternoon. The Worship and Music Committee was provided with the information about the handbell festival at their last meeting. The members were very hopeful that as many teen and adult ringers as possible will attend. Financial support will be discussed in the months to come. We are seeking to determine the exact costs of registration and lodging as that information becomes available.

A short informational meeting for the CPC handbell ringers will be held Sunday, September 8, at 11:15 a.m. following the outdoor service and pancake breakfast. Please plan to attend so we can begin to plan for our handbell musicians to attend.



Community Presbyterian Church
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www.cpcroch.org



Place
stamp
here

“Open Hearted—Open Minded”

Come Be Our Guest!

Sunday Worship: 9:30 a.m.

Sunday School: 10:45 a.m. (September - May)

Nursery is provided during Worship
and Sunday School.



Many From The Neighborhood Enjoy The CPC Gardens

Members of CPC may not be aware that since 2010 there has been a small wooden church mounted on a pole in the largest area of the Garden of Life. It has a door in the front and when you open it you will see a journal and a pen inside. It was built by Bob Smith and repaired early this summer by Dean Meyer. Thank you to you both. The Garden Group thought you might enjoy hearing some of the appreciative and inspirational remarks made by members of our neighborhood who visit the gardens and share their thoughts.

*“(The gardens) have inspired me to stop and smell the flowers more often. I will remember you all in my prayers.”
Martha in July

*“This week I have so enjoyed your beautiful garden while dropping off my friend at Driver’s Ed. Thank you.” Colleen in July

*“God lives here!” JL in October

*“It is magical here!” Anonymous in December

*“What a lovely space you’ve created here amongst these majestic trees.” Maxine in April

*“I just discovered the little house and the journal. What a great idea. Even in this heat, this is a beautiful refuge.”
Marita in June