

COMMUNITY PRESS

A PUBLICATION OF COMMUNITY PRESBYTERIAN CHURCH
ROCHESTER, MN



Most Needed Items

We strive to offer a diversity of food that helps balance nutrition intake and diet, especially important to children, seniors, immigrants and those with health challenges.

MEATS, FISH AND PROTEIN

Canned tuna, ham, chicken, peanut butter, canned/dried beans

FRUITS AND VEGETABLES

Canned fruits and vegetables and fresh produce

COMPLETE MEALS

Boxed meals, hearty soups

GRAINS

Rice, pasta

COOKING BASICS

Flour, sugar, oil

SPECIAL DIETARY FOODS

Gluten-free, low-sugar, low-sodium

PERSONAL CARE PRODUCTS

Shampoo, deodorant, soap, toothpaste, diapers, toilet paper, feminine hygiene products

SUMMERTIME CHANNEL ONE FOOD DRIVE



Community Presbyterian Church is focusing on food insecurity issues in July and August through a Summertime Food Drive.

From a Channel One Food Bank letter...

Hunger speaks a universal language. No matter who you are, you understand the feeling of being hungry. However, **there is a difference between being hungry and going hungry.**

A teacher at a local school was asking her students what they looked forward to most during summer break. One student, *Paul, replied, "When it is over." The teacher, a little surprised and trying to evoke a more positive response from the student, replied, "There must be something you like about summer! Traveling, swimming, backyard picnics...Isn't there *something* you would like to share?" **The student said, "I have never had a backyard picnic, but I suppose I would like that. But my favorite is still when summer is over so I can come back to school and eat a meal every day!"**

To participate in the food drive, either bring items for the barrel or write a check to CPC with "Channel One" in the memo line.

Special Congregational Meeting

June 30, 2019, immediately following worship

The Session of Community Presbyterian Church, Rochester has called a congregational meeting for Sunday, June 30 immediately following worship for the purpose of electing a Designated Pastor Nominating Committee (DPNC). The Nominating Committee will present the slate of those being nominated to serve on the DPNC.

Please plan to attend!



CONGREGATIONAL
MEETING

JULY 2019



Of Gardens and God's Promises

"The Lord will guide you always; he will satisfy your needs in a sun-scorched land and will strengthen you. You will be like a well-watered garden, like a spring whose waters never fail."
Isaiah 58:11

Our long-awaited summer has finally arrived and the CPC gardens are brimming with life. What a joy it's been to extend our worship from our sanctuary inside to the outdoor "sanctuary" of the garden. We have celebrated two baptisms in the garden, and welcomed new members there. The garden is full of life, and so is this church.

Just as it takes attention and care to cultivate a garden (thanks to Carole Kinion Copeland and garden team!), it takes attention and care to cultivate a community of faith we call the church. There is some effort involved, but it is a labor of love that brings so many joyful results: hope, friendship, caring, a sense of purpose, the assurance of God's love, the ability and speak and show God's love in the wider world.

During our mission study process, you have identified these core values and commitments:

- love for our neighbors
- a commitment to address food insecurity in our community
- a commitment to offer hospitality as we welcome our neighbors to share our space and resources

Our gardening ministry exemplifies all of these values! In addition to inviting the larger community to enjoy the "Garden of Life" to nourish their souls, our partnership with the Channel One community garden project invites others to nourish their bodies with fresh, delicious food they can choose and grow themselves.

I'm reminded that gardening is itself an act of faith. Every seed we plant holds the potential that it will grow into something beautiful and good. Every seed tucked into the soil today represents the hope and promise that in the course of time, it will grow into what it was created to produce. Gardening takes planning and patience.

During this interim time, we have been tending the spiritual, living garden that is Community Presbyterian Church. We've been preparing the soil for new pastoral leadership. We've been creating conditions to cultivate deep and healthy root systems to keep us strong and promote growth. The seeds of future ministry are being planted, and some ideas are beginning to sprout. Our transition work is making it possible for people and ministry to thrive here! Your participation is vital to the life of CPC. Thanks for the gifts of talent, time, and treasure that you bring.

How does our garden grow? With faith that God, who has "planted" us together here, will provide all that is needed for us to become what we have been created to be. Watch and see what is developing! Dig in, so that ministry and life at CPC will continue to thrive!

Grace and peace, Pastor Susan



Thursday, June 6...

Thank you to the Ross family for helping plant annuals in the Garden of Life. Also, thank you Stacey Kopecky and young helpers for planting the colorful pot towers! Your efforts make the garden look great!



Sashay Into Summer

A big **thank you** to the crew of helpers at Sashay Into Summer! There were 5 of us weeding and pruning the area around the church. Margaret Petersen, Stacy Kopecky, Judy Robb, Dave Copeland and myself kept busy beautifying the outside of our church. Little did we know then that our church's involvement with the Channel One Community Garden would put our church on TV's spotlight- twice! It is my hope that we continue to maintain our church's gardens. Let me know if you would like to assist with volunteering in our churches gardens. Take time to walk the Garden of Life. It's there for you to enjoy. It is my prayer that it enhances your spiritual life. We are gardeners of each other.



Come grow with us!- Carole Kinion Copeland

BIRTHDAY WISHES

HAPPY ANNIVERSARY!

Birthdays and Anniversaries are in the print edition of the newsletter. Pick up your copy at church!



Welcome to Kari Streff and Kevin Richards!

Congrats on the baptism of Quinn Cain (6/2) and Kevin Richards (6/16)!

BOOK DISCUSSION GROUP

SUGGESTIONS FOR BOOK DISCUSSION, 2019-2020

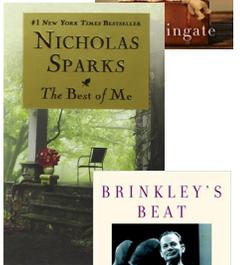
These books were recommended by CPC members. Anyone planning to join the group, even if only for one discussion, please let Marg Nelson know (margbnelson@gmail.com or 252-9398)) so you can receive a ballot for your choices for the eight books we will discuss next year. New members are always welcome. Some annotations are thanks to Public Library comments on the Internet and other sources.

BECOMING, Michelle Obama 2018 426p. LP 665p. **Biography**
Well-written and fun to read. Divided into three sections: "Becoming Me"
"Becoming Us" and "Becoming More."



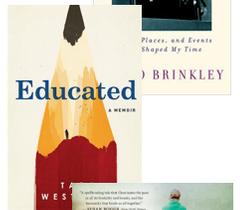
BEFORE WE WERE YOURS, Lisa Wingate 2017 342p. LP 605p. **Crime Fiction**
Family living on a boat when parents, due to illness, had to leave children alone. They were kidnapped, taken to TN Children's Home to be sold. Based on a true national crime.

THE BEST OF ME, Nicholas Sparks 2011 292p. **Fiction**
High school sweethearts cannot marry due to parental objections. Years later they meet again after very different lives and wonder if love can truly rewrite the past.



BRINKLEY'S BEAT, David Brinkley 2003 240p. **Biography**
"People, places, and events that shaped my time."

EDUCATED, A MEMOIR Tara Westover 2018 334p. LP 493p. **Biography**
Raised by survivalists in isolation in Idaho, Tara didn't enter a classroom until age 17. Self-educated, she earned Ivy League degrees and changed her life.



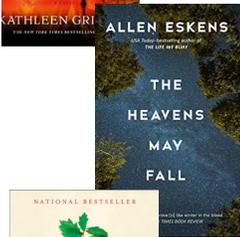
THE GIRL WHO WROTE IN SILK Kelli Estes 2015 390 p. **Hist. Fiction**
Mei Lein's beautiful stitching shows early Chinese life. Then, as the book goes back and forth over the years, we see how her descendants fared living in the same area.



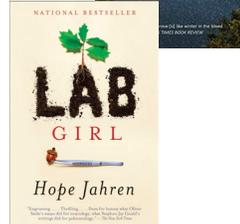
GLORY OVER EVERYTHING, Kathleen Grissom 2016 370 p. 637 LP **Hist. Fiction**
Sequel to Kitchen House. Jamie Pike, who had passed as wealthy white in PA, was called home to hunt for a boy sold into slavery while Pike knew he, himself, was being sought.



THE HEAVENS MAY FALL Allen Eskens 2016 301p. **Mystery Fiction**
Two good friends, each with concerns of his own, find themselves on opposite sides in an investigation and trial, and each is convinced he is right.

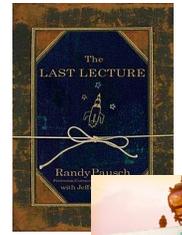


LAB GIRL, Hope Jahren 2016 290p. **Non Fiction**
Jahren, a noted Minnesota biologist, teaches us interesting tid bits in each chapter as we learn of her work building her own labs. Added, is her relationship with colleague, Bill.

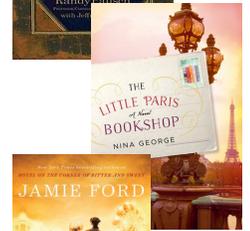


BOOK DISCUSSION GROUP CONTINUED

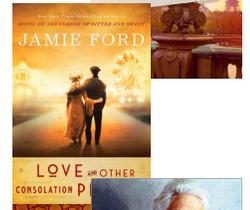
THE LAST LECTURE Randy Pausch 2008 206 p. Non Fiction
 Each year a faculty member at Mellon University is chosen to give what he imagines his last lecture might be. Randy knows he is dying, so this **IS** his last lecture. However he speaks not about dying, but about living,



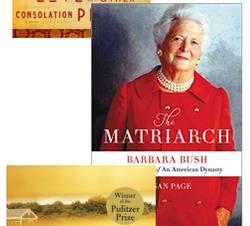
THE LITTLE PARIS BOOKSHOP, Nina George 2015 392 p. Fiction
 The proprietor of a bookshop matches books to individuals, especially to those with medical problems, A book could provide either a diagnosis or therapy.



LOVE AND OTHER CONSOLATION PRIZES, Jamie Ford 2017 307p. Fiction
 Hoping to give her son a better chance in life, his mother raffles him off. The winning ticket belongs to the Madam of a high-class brothel. (Based on a true event.)



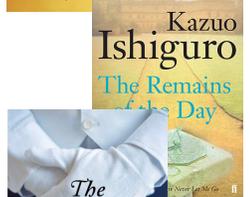
THE MATRIARCH: BARBARA BUSH AND THE MAKING OF AN AMERICAN DYNASTY, Susan Page 2019 418p. Biography
 An interview gives us “Barbara’s last words for history on: evolution of her party, the role of women, Donald Trump, and her family’s legacy.” (Dust Jacket)



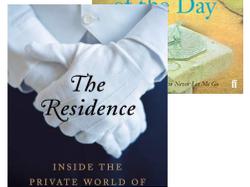
OLIVE KITTERIDGE, Elizabeth Strout 2014 270p. LP 512p. Fiction
 A retired schoolteacher in Maine is so scandalized by the life-styles and “goings on” in her town that she loses sight of the changes in those close to her.



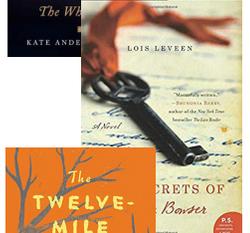
THE REMAINS OF THE DAY, Kazuo Ishiguro 1999 245p. LP 282p. Hist. Fiction
 A most proper British butler and a high-spirited housekeeper are employed by a Lord who unwittingly has connections to a Nazi during WWII.



THE RESIDENCE: INSIDE THE PRIVATE WORLD OF THE WHITE HOUSE, Kate Andersen Brower, 2015 309p. LP 447p. Non Fiction
 The stories are told through the voices of the maids, cooks, florists...



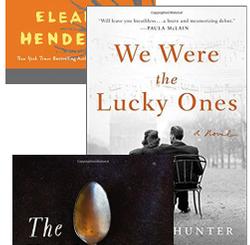
THE SECRETS OF MARY BOWSER, Lois Leveen 2012 453p. Hist. Fiction
 Based on the true story of a freed slave who returns to Virginia to spy on the Confederates.



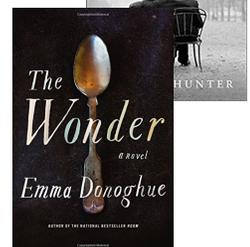
THE TWELVE MILE STRAIGHT, Eleanor Henderson 2017 543p. Fiction
 “Set in the South during the Great Depression, this takes an entirely fresh view on big American themes – race, heredity, inequality, shame -- set in a time of crisis.”



WE WERE THE LUCKY ONES, Georgia Hunter 2017 403p. LP 650 Hist. Fiction
 Based on a true story of Polish Jews who, when they escaped from the Nazis, “Scattered to the far corners of the earth.”



THE WONDER, Emma Donoghue 2016 304p. LP 404p. Fiction
 Is it a miracle when a young girl claims to eat nothing except manna from Heaven? A nurse watches to be sure she gets medical help if needed.



COMMUNITY GARDENS

Did you see the stories on ABC 6 (KAAL) TV or CBS 3 (KIMT) about the Community Gardens? There is a link to the KAAL story on our facebook page!

Carole Kinion Copeland did a great job representing CPC and sharing a little about the Community Garden Partnership! Below, you will find some background!



CPC and Channel One Partnership with Community Gardens

How it started:

Dave Copeland and Pastor Bill Hoffmann heard about another church partnering with Channel One and thought it a good fit for CPC. Our church has an interest in food insecurity and wanted it to be a part of our ministry and mission. CPC makes the land available but Channel One handles the details.

When it started:

About 6 years ago.

Who got it going:

Pastor Bill Hoffmann, Pastor Theresa Roberts, Dave Copeland and the CPC mission committee

Why we participate in the program:

We've been mission partners with Channel One from the very beginning. CPC is committed to hospitality and sharing with our neighbors. We volunteer on a regular basis with the noon meal at Christ UMC, and we have a Channel One donation barrel in the church to collect donations. This also includes donations from those who use our building. We share our land to enable others to grow. It helps those with food insecurity.

How it benefits the community:

People who don't have the space can sign up with Channel One to garden here. I have seen families working together in the community gardens. Several generations working together, growing together if you will. With the common goal of growing together, we build community. "We are gardeners of each other."

Why this in addition to the food shelf:

It's fresh food, varieties they chose, quantities they can use, they know how its grown, they have the satisfaction of providing for themselves.

Benefits of growing your own food:

This includes getting to grow plant varieties from your home. Many of the gardeners here have varied backgrounds and are from different countries. They can grow food varieties that may not be available in the local grocery stores. They can harvest the food fresh. There's more nutritional value in fresh food and it tastes better. There is the satisfaction of watching and eating food you've grown. It's example of anticipation is half the fun! There are physical benefits of gardening. You're exercising in the sunshine and fresh air and working the soil. Here you may be able to garden with your neighbor and possibly make new friends. Carole says: I'm a member of CPC and I volunteer in the flower gardens by the church. When I'm volunteering here I enjoy visiting with the Channel One gardeners. I learn new varieties, see different techniques and make new acquaintances. I'd like to think that we cultivate beauty here and celebrate God's creation. Come grow with us!

Community Presbyterian's Calendar

July 2019

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

30	1	2	3	4	5	6
9:30am Worship 10:30am Special Congregation Meeting 10:30am Fellowship	Office Closed 6:00pm Med City Tai Chi Class	Office Closed 6:00pm Brain Injury Support Group	Office Closed 6:30am Prayer Group 12:00pm Bulletin info due	Office Closed		
9:30am Worship with Communion 10:30am Fellowship	8:00am Med City Driving School 6:00pm Med City Tai Chi Class	Pastor Nominating Committee 8:00am Med City Driving School 6:30pm Building and Grounds Meeting	6:30am Prayer Group 8:00am Med City Driving School 12:00pm Bulletin info due	8:00am Med City Driving School	8:00am Med City Driving School	
Book Discussion Ballots Due 9:30am Worship 10:30am Fellowship	8:00am Med City Driving School 6:00pm Med City Tai Chi Class	8:00am Med City Driving School 12:00pm Area Presby Clergy Group 5:30pm Finance & Stewardship Meeting	6:30am Prayer Group 8:00am Med City Driving School 12:00pm Bulletin info due	8:00am Med City Driving School	8:00am Med City Driving School	12:00pm Newsletter articles due
Noisy Can Sunday 9:30am Worship 10:30am Fellowship 5:00pm Building Rental	6:00pm Med City Tai Chi Class		6:30am Prayer Group 12:00pm Bulletin info due			
9:30am Worship 10:30am Fellowship	8:00am Med City Driving School 6:00pm Med City Tai Chi Class	8:00am Med City Driving School	6:30am Prayer Group 8:00am Med City Driving School 12:00pm Bulletin info due	8:00am Med City Driving School	8:00am Med City Driving School	

Community Presbyterian Church
3705 Fairway Place NW
Rochester, MN 55901



Sign up to volunteer in worship! Each week we need : a liturgist, worship assistants (2-3), a greeter, and a refreshment host. Once a month, we need 4 (ordained) communion assistants. Please look at your schedule and sign up to help! Sign up in the narthex or by e-mailing or calling the office!

One of our regular renters has moved on. This has created an opening in our rental schedule. In our congregational conversations, we identified opening our church to our neighbors as an important part of our mission. If you know of a group seeking meeting space, please mention CPC as an option for them to consider. The rental guidelines are available on our website (www.cpcrochester.org/building-rentals/).



Community Presbyterian is "an open-hearted, open-minded Christian community sharing a ministry of faith, hope and love." CPC is a proud member of the Presbyterian Church USA (PCUSA).

We're located at 3705 Fairway Place NW, just across 55th Street from Sam's Club.

Join us for worship at 9:30 Sunday mornings!

You are invited to join us on this journey of faith!